LEGENDA | LEGEND | LEGENDA | ZEICHENERKLÄRUNG

- Ukupna dužina | Lunghezza | Distance | Entfernung
- Visinska razlika | Dislivello | Altitude | Höhenunterschied
- Najviša točka | Punto massimo | Highest point | Höchster Punkt
- Najniža točka | Punto minimo | Lowest point | Niedrigster Punkt
- Vrijeme | Tempo di guida | Riding time | Fahrzeit

TEŽINA STAZE | DIFFICOLTÀ | DIFFICULTY | SCHWIERIGKEIT

- Lagana | Lieve | Easy | Leicht
- Srednja | Medio | Medium | Mittelschwer
- Zahtjevna | Impegnativo | Difficult | Schwer
- Family&Recreation

UMAG
NOVIGRAD, BRTONIGLA, BUJE, GROŽNJAN, OPRTALJ

02
JUŽNA STRANA UMAGA I VOŽNJA UZ MORE
LA ZONA MERIDIONALE DI UMAGO E PERCORSO LUNGO IL MARE
SOUTHERN UMAG AND A RIDE ALONG THE COAST
OST-UMAG UND DIE FAHRT NEBEN DEM MEER

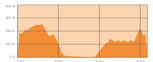
Katoro | 31.5 km
120 m | 93 m | 1 m | 2:30 - 3:00 h

03
SREDNJOVJEKOVNI GRADIĆI I VINSKE CESTE MOMJANŠTINE
I VILLAGGI MEDIEVALI E LE STRADE DEL VINO DI MOMIANO
MEDIEVAL TOWNS AND WINE ROADS OF MOMJAN
MITTELALTERLICHE STADT UND WEINSTRASSEN VON MOMJANŠTINA

Buje | 38.8 km
460 m | 322 m | 79 m | 4:00 - 4:30 h

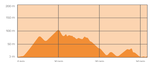
05
NETAKNUTA PRIRODA DOLINE MIRNE I GRADA VINA - BRTONIGLA
NATURA INTATTA DELLA VALLE DEL FIUME QUIETO E VERTENEGLIO, LA CITTA DEL VINO
INTACT NATURE OF THE MIRNA RIVER VALLEY AND THE WINE TOWN OF BRTONIGLA
UNBERÜHRTE NATUR DES MIRNATALS UND DIE STADT DES WEINS - BRTONIGLA

Buje | 31.3 km
420 m | 228 m | 1 m | 3:00 - 3:30 h



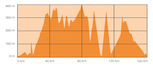
06
OD NEAPOLISA DO NOVIGRADA
DA NEAPOLIS A CITTANOVA
FROM NEAPOLIS TO NOVIGRAD
VON NEAPOLIS BIS NOVIGRAD

Novigrad - Hotel Nautica | 31.7 km
150 m | 100 m | 1 m | 2:30 - 3:00 h



20
ISTRIA GRANFONDO
ISTRIA GRANFONDO
ISTRIA GRANFONDO
ISTRIA GRANFONDO

Umag | 161 km
2556 m | 406 m | 0 m | 6:00 h

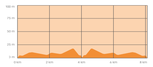


22
FAMILY ONE - KATORO-UMAG
FAMILY ONE - KATORO-UMAG
FAMILY ONE - KATORO-UMAG
FAMILY ONE - KATORO-UMAG

Umag | 10 km
38 m | 10 m | 2 m | 1:00 h

23
FAMILY TWO - UMAG-ZLATOROG
FAMILY TWO - UMAG-ZLATOROG
FAMILY TWO - UMAG-ZLATOROG
FAMILY TWO - UMAG-ZLATOROG

Umag | 8 km
33 m | 18 m | 1 m | 1:00 h



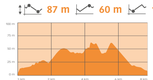
POREČ
VRSAR, FUNTANA, TAR, VIŽINADA, KAŠTELIR, VIŠNJAN

146
DVIGRAD TOUR
DVIGRAD TOUR
DVIGRAD TOUR
DVIGRAD TOUR

Poreč - Špadići | 70.56 km
857 m | 269 m | 1 m | 3:00 h

163
FESTIGIA
FESTIGIA
FESTIGIA
FESTIGIA

Funtana | 8 km
87 m | 60 m | 13 m | 0:45 h

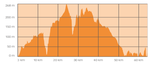


181
101 KM I JEDAN TARTUF
101 KM E UN TARTUFO
101 AND A TRUFFLE
101 KM UND EIN TRÜFFEL

Vrsar- Hotel Pineta | 101 km
1195 m | 368 m | 2 m | 4:30 h

182
RIZNICA BAŠTINE
TESORO DEL PATRIMONIO
HERITAGE TREASURE
ERBSCHATZKAMMER

Vrsar | 64 km
650 m | 269 m | 2 m | 2:45 h



183
MASLINICI. VINOGRADI I VRTOVI VRSARA
ULIVETI, VIGNE E GIARDINI DI VRSAR-ORSERA
OLIVE GROVES, VINEYARDS AND GARDENS OF VRSAR
OLIVENHAINE, WEINBERGE UND GÄRTEN VRSARS

Vrsar- Hotel Pineta | 33 km
250 m | 199 m | 2 m | 1:30 h

ROVINJ
BALE, LIM, KANFANAR

211
SJEVER-SJEVEROZAPAD
NORD-NORD-OVEST
NORTH-NORTHWEST
NORD-NORD-OVEST

Rovinj - Valdibora | 137 km
1790 m | 361 m | 5 m | 4:40 - 5:20 h

212
ROVINJSKA RAZGLEDNICA
UNA CARTOLINA DA ROVIGNO
A POSTCARD FROM ROVINJ
ANSICHTSKARTE ROVINJS

Rovinj - Valdibora | 61 km
770 m | 295 m | 2 m | 2:10 - 2:35 h

213
ROVINJSKI TROKUT
IL TRIANGOLO DI ROVIGNO
ROVINJ TRIANGLE
ROVINJER DREIECK

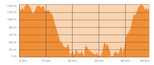
Rovinj - Valdibora | 35 km
270 m | 179 m | 3 m | 1:20 - 1:45 h

241
STAZA 365 OKUSA
IL PERCORSO DI 365 SAPORI
TRAIL OF 365 FLAVOURS
STRECKE DER 365 GESCHMÄCKER

Bale | 86 km
810 m | 384 m | 10 m | 3:05 - 3:45 h

242
TRI TISUĆLJEĆA POVIJESTI
TREMILLA ANNI DI STORIA
A THREE THOUSAND YEAR HISTORY
DREITAUSENDJAHRIGE VERGANGENHEIT

Bale | 49 km
230 m | 140 m | 3 m | 1:25 - 1:40 h

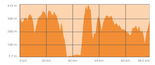


243
DVA KOTAČA I JEDAN SAT
DUE ROUTE E UN'ORA
TWO WHEELS AND ONE HOUR
ZWEI RADER UND EINE STUNDE

Bale | 35 km
230 m | 177 m | 3 m | 1:15 h

281
98 KILOMETARA ZA 98 POGLEDA
98 KM PER 98 VISTE
98 KM FOR 98 VIEWS
98 KM FUR 98 AUSBLICKE

Kanfanar | 98 km
1430 m | 424 m | 10 m | 4:30 h



282
OSMICOM UZ LIMSKI KANAL
ATTRAVERSO IL NUMERO OTTO LUNGO IL CANALE DI LEME
THROUGH THE EIGHT ALONG THE LIM CHANNEL
MIT DER ACHT ENTLANG DES LIMSKI KANAL

Kanfanar | 64 km
670 m | 283 m | 2 m | 2:15 - 2:40 h

283
U SRCU ZELENE ISTRE
NEL CUORE VERDE DELL' ISTRIA
IN THE HART OF GREEN ISTRIA
IM HERZEN DES GRUNEN ISTRIEN

Kanfanar | 37 km
220 m | 408 m | 274 m | 1:25 - 2:00 h

PULA
MEDULIN, FAŽANA, VODNJAN, LIŽNJAN, MARČANA

308
KROZ PULU
ATTRAVERSO POLA
CYCLING THROUGH PULA
DURCH PULA

Pula | 41 km
440 m | 75 m | 1 m | 2:30 - 3:00 h

309
LUNGO MARE
LUNGO MARE
LUNGO MARE
LUNGO MARE

Pula | 16 km
115 m | 55 m | 1 m | 1:20 h

311
ŠIJANSKA ŠUMA
BOSCO DI ŠIJANA
ŠIJANA FOREST
ŠIJANA WALD

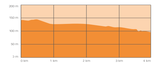
Pula | 13 km
130 m | 73 m | 1 m | 1:15 h

314
VELIKI BRIJUN
VELIKI BRIJUN
GREAT BRIJUN
VELIKI BRIJUN

Veli Brijun | 13.3 km
125 m | 27 m | 1 m | 1:10 h

320
BRUSTOLADE
BRUSTOLADE
BRUSTOLADE
BRUSTOLADE

Vodnjan | 3.9 km
0 m | 146 m | 97 m | 0:15 - 0:25 h



351
CURIOSITAS HISTRIAE
CURIOSITAS HISTRIAE
CURIOSITAS HISTRIAE
CURIOSITAS HISTRIAE

Medulin - Hotel Belvedere | 67.2 km
550 m | 196 m | 2 m | 2:30 - 3:00 h

355
PULA CLASSICAL
PULA CLASSICAL
PULA CLASSICAL
PULA CLASSICAL

Medulin | 45 km
197 m | 70 m | 1 m | 5:00 - 5:30 h

356
THE AMAZING GREEN
THE AMAZING GREEN
THE AMAZING GREEN
THE AMAZING GREEN

Medulin | 52 km
196 m | 140 m | 1 m | 4:00 - 4:30 h

LABIN
RABAC, RAŠA, KRŠAN, SV. NEDELJA

404
ISTARSKI RAZVOD
CONFINAZIONE ISTRIANA
ISTRIAN DEMARCATION
ISTRISCHEN GESETZES

Rabac | 51 km
730 m | 333 m | 2 m | 2:00 - 2:30 h

405
BISTROOKA LUCIJA
LUCIA DAGLI OCCHI LIMPIDI
CLEAR-EYED LUCY
DURCHBLICKENDEN LUCIA

Labin | 38.7 km
990 m | 451 m | 2 m | 1:30 - 2:00 h

406
KRALJICA ISTRE
LA REGINA ISTRIANA
QUEEN OF ISTRIA
KÖNIGIN VON ISTRIEN

Rabac | 120 km
2600 m | 1375 m | 3 m | 6:00 h

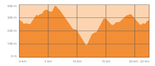
407
DREVNI GRADOVI ISTOČNE ISTRE
ANTICHE CITTÀ DELL'ISTRIA ORIENTALE
ANCIENT TOWNS OF EASTERN ISTRIA
ANTIKE STÄDTE IM OSTEN ISTRIENS

Rabac | 89 km
1520 m | 460 m | 3 m | 3:30 h

BUZET
ROČ, HUM

502
PUT MASLINA I VINA, CESTOVNA
IL PERCORSO DEGLI OLIVI E VINO, STRADA
THE TRAIL OF OLIVES AND WINE, ROAD
STRECKE DER OLIVEN UND WEINE, STRASSE

Sovinjak | 22.5 km
697 m | 393 m | 87 m | 1:30 h

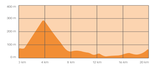


506
BUZET SJEVER, CESTOVNA
PINGUENTE NORD, STRADA
BUZET NORTH, ROAD
NORD BUZET, STRASSE

Buzet | 60 km
1120 m | 762 m | 58 m | 2:30 - 3:00 h

511
PORTOLE (BUZET ZAPAD), CESTOVNA
PORTOLE (PINGUENTE OVEST), STRADA
PORTOLE (BUZET WEST), ROAD
PORTOLE (BUZET WEST), STRASSE

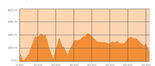
Buzet | 45.45 km
320 m | 304 m | 22 m | 1:15 - 3:00 h



PAZIN
ŽMINJ, MOTOVUN, SVETVINČENAT, BARBAN

604
MOTOVUN ISTOK
MONTONA EST
MOTOVUN EAST
MOTOVUN OST

Motovun | 72 km
1495 m | 408 m | 20 m | 4:00 - 5:00 h



605
MOTOVUN JUG
MONTONA SÜD
MOTOVUN SOUTH
MOTOVUN SÜD

Motovun | 77 km
855 m | 338 m | 14 m | 3:00 - 5:00 h

611
PAZIN ISTOK
PISINO EST
PAZIN EAST
PAZIN OST

Pazin | 63 km
435 m | 451 m | 30 m | 2:30 - 3:00 h

612
PAZIN JUG
PISINO SÜD
PAZIN SOUTH
PAZIN SÜD

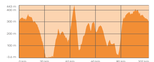
Pazin | 47 km
590 m | 439 m | 268 m | 1:45 - 2:00 h

613
PAZIN ZAPAD
PISINO OVEST
PAZIN WEST
PAZIN WEST

Pazin | 39 km
895 m | 404 m | 200 m | 1:45 - 2:00 h

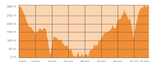
681
DIVLJA LJEPOTA ISTOČNE OBALE
LA BELLEZZA SELVAGGIA DELLA COSTA ORIENTALE
THE WILD BEAUTY OF EASTERN COAST
WILDE SCHÖNHEIT DER OSTKÜSTE

Svetvinčenat | 102 km
1490 m | 436 m | 2 m | 3:50 - 4:30 h



682
VENECIJANSKA BAŠTINA
PATRIMONIO VENEZIANO
VENETIAN SIGNATURE
VENEZIANISCHES ERBE

Svetvinčenat | 79 km
720 m | 311 m | 1 m | 3:00 - 3:45 h



683
STAZOM GRIMANIJEVIH
IL PERCORSO DEI GRIMANI
ON THE GRIMANI'S TRAIL
ÜBER DIE STRECKE DER GRIMANI

Svetvinčenat | 34 km
200 m | 388 m | 275 m | 1:20 - 1:40 h

Cestovna biciklistička karta
Mappa ciclistica stradale
Rennradkarte
Roadbike map

www.istria-bike.com

NAKLADNIK | EDITORE | PUBLISHER | HERAUSGEBER
IRTA d.d o.o.
Bike&Outdoor
D. Trinajstića 2, HR-52000 Pazin, Hrvatska | Croazia | Croatia | Kroatien

ZA NAKLADNIKA | PER L'EDITORIALE
FÜR DEN PUBLISHER | FÜR DEN HERAUSGEBER
Slavica Tobok Kandić

PARTNERI I PARTNERS I PARTNER I PARTNER
Odjel za turizam Istarske Županije | Assessorato al turismo della Regione Istria | Department for Tourism of the Istrian Region | Verwaltungsbüro für Fremdenverkehr der Region Istrien
Partizanska 5a, HR-52440 Poreč, Croatia

Turistička zajednica Istarske Županije | Ente per il turismo dell'Istria | Istria Tourist Board | Tourismusverband Istrien
Pionirska 1a, HR-52440 Poreč, Croatia

FOTOGRAFIJE | CREDITI FOTOGRAFICI | PHOTO CREDITS | FOTOS
Arhiv | Archivio | Archive | Archiv: Istra bike&outdoor & partners

UREDNIK | EDITORE | EDITOR | REDAKTEUR
Martin Čotar

KONCEPT I OBLIKOVANJE | CONCETTO E DESIGN |
CONCEPT AND DESIGN | KONZEPT UND GESTALTUNG
Studio Sonda, Vižinada

TISAK | STAMPA | PRINT | DRUCK
Kerschoffset d.o.o., Zagreb

05/2019

Call Center
Information & Booking
+385 52 880088

info@istra.com | www.istra.com
www.istria-bike.com
www.istria-outdoor.com

PRIJEVOZ | TRASPORTO
TRANSPORT SERVICE | BEFÖRDERUNGEN

DAVOR BIKE
Murine, Prva ulica 3A, Umag
+385 (0)98 532 427
malupe@inet.hr

BIKE CENTER RABAC
Slobode 84, 52221 Rabac
+385 (0)91 902 8363
rabacbicyclecroatia.com
www.cyclecroatia.com

MALUPE SPORT
Rizzijeva 83, 52 100 Pula
+385 (0)52 210 037
+385 (0)98 980 1155
malupe@inet.hr
www.malupesport.hr

RENTAL CENTER MEDULIN
Muntida 31, 52203 Medulin
+385 (0)91 600 9040
rcmedulin@gmail.com
www.rcmedulin.eu

LENICOM
Dvorier 2, 52210 Rovinj
+385 (0)52 813 052
+385 (0)98 855 231
masera-bikersdemail.t-com.hr

SITNICA TRAVEL AGENCY
Montrin 31, 52460 Buje
+385 (0)52 763 582
+385 (0)98 434 748
sitnicaitpa.t-com.hr
www.sitnica.hr

ISTRIALAND - CAMELUS
Ulica A.Babić 6, 52 460, Buje
+385 (0)98 997 6290
info@istrialand.eu
www.istrialand.eu

FIORE TOURS
Matte Vlašića 6, 52440 Poreč
+385 (0)52 431 397
+385 (0)52 434 075
adventure@fiore.hr

LERA SPORT ROVINJ
Ul. Tina Ujevića 20, 52210 Rovinj
+385 (0)52 818 225
+385 (0)99 238 5487
info@lera.hr
www.lera.hr

B.R.B.SPORT D.O.O.
Franje Mošćige 5, 52204 Šišan
+385 (0)52 574 680
+385 (0)98 372 479
+385 (0)52 217 874
brbsport@pu.t.com.hr
www.brbsport.hr

SEPE
Facchinettijeva 49, Pula
+ 385 (0)91 526 0180
sergio.perusko@gmail.com

EXTREMUS D.O.O.
Ulica Murvi 15, 52466 Novigrad
+385 (0)52 759 488
+385 (0)98 420 586
moto@extremus.hr
www.extremus.hr

BIKE FRIENDLY POINT

OLIVE CHARM
Ročac 5, 52470 Seget (Umag)
+385 (0)91 531 5698
www.olivecharm.com

BUFFET SIRENA
Trg Mazzini 3b, 52474 Brtonigla
+385 (0)52 774 661

FOOD & WINE PRIMIZIA BY SAN ROCCO
Bunarska 2, 52474 Brtonigla
+385 (0)52 774 704
info@san-rocco.hr

LA MIRACOLINA
43. istarske divizije 15, 52212 Fažana
+385 (0)52 521 500

BIKE POINT MONTANARA
Livade 19, 52427 Livade
+385 (0)98 426 967

RESORT ČIŽE
Trvlž 48, 52000 Pazin
+385 (0) 52 616 790
+385 (0) 99 368 2514
sales@resortcize.com
www.resortcize.com

Savudrija
Laura
Bašanija
Zambratija
Umag
Kaldanija
Murine
Finida
Petrovija
Čepljani
Juricani
Dragonja / Dragogna
Momjan
Kaštel
Stanica
Buje
Brtonigla
Grožnjan
Nova Vas
Dajla
Novigrad
Antenal
Vižinada
Markovići
Motovun
Kaštelir
Labinci
Vabriga
Tar
Frata
Novaki Motovunski
Pilati
Škropeto
Višnjan
Červar Porat
KuKci Nova Vas
Poreč
Varvari
Kadumi
Mušalež
Žbandaj
Baderna
Radmani
Funtana
Vrsar
Sveti Lovreč
Sečovlje
Rovinj
Bale
Pazin
Tinjan
Gračišće
Pićan
Buzet
Žonti
Ugrini
Crnica
Krbavčići
Baredine
Štrped
Sveti Martin
Strana
Gornja Nugla
Juričići
Selca
Marinci
Prodani
Krušvari
Brnobići
Racički Brijeg
Draguć
Grimalda
Kašćerga
Pagubice
Brest
Slum
Počekaji
Racja Vas
Prapoče
Podgaće
Lanišće
Male Mune
Vele Mune
Žejane
Brdce
Pasjak
Šapjane
Rupa
Stanica Roč
Roč
Kompanj
Ročko Polje
Semić
Lupoglav
Vela Učka
Dobreč
Lovranska Draga
Medveja
Mošćenička Draga
Sveta Jelena
Golovik
Martina
Brseč
Kozljak
Kršan
Veljaki
Lazarići
Boljevići
Eržišće
Sveta Katarina Šumber
Milotski Brec
Batlug
Mandalenčići
Montovani
Jakačići
Polje Čepić
Blaškovići
Žagore
Zagorje
Plomin Luka
Plomin
Ripenda Kras
Rabac
Duga Luka
Sveta Marina
Prenje
Ravni
Koromačno
Vodnjan
Galižana
Fažana
Valbandon
Peroj
Pula
Vintijan
Valbonaša
Vinkuran
Ližnjan
Medulin
Premantura
Banjole
Pomer
Šišan
Valtura
Kavran
Loborika
Muntić
Pavićini
Veliki Vareški
Mali Vareški
Peruški
Šegotići
Mutvoran
Marčana
Krnica
Rakalj
Sveti Lovreč Labinski
Viškovići
Brovinje
Šarići
Divšići
Filipana
Manjadvorci
Bratulići
Belavići
Hrboki
Trget
Stanišovi
Bičići
Butkovići
Orbanići
Hreljići
Kujići
Žejlski
Puntera
Medveja
Lovranska Draga
Mošćenička Draga
Sveti Martin
Paradiž
Markoci
Cere
Strmac
Vrećari
Santalezi
Kraj Drage
Jurazini
Ružići
Stepčići
Plomin Luka
Plomin
Zagorje
Sveti Bartul
Topid
Rasa
Kapelica
Presika
Letajac
Rogočana
Gondolići
Breg
Salakovci
Bartići
Brgod
Polje
Sveti Martin
Frančići
Marići
Veli Golji
Veli Turini
Snašići
Mali Turini
Kunj
Vinež
Labin
Koromani
Rojnići
Petehi
Vadreš
Melnica
Grandići
Kozljani
Most Raša
Sajini
Hrboki
Pinezići
Cokuni
Mali Vareški
Veliki Vareški
Peruški
Šegotići
Pavićini
Muntić
Loborika
Kavran
Valtura
Šišan
Ližnjan
Medulin
Premantura
Banjole
Pomer
Valbonaša
Vinkuran
Vintijan
Tješčana Uvala
Pula
Jadreški
Veli Brgud
Veprinac
Opatija
Lovran
Medveja
Mošćenica
Sveta Jelena
Martina
Brseč
Zagore
Zagorje
Plomin Luka
Plomin
Ripenda Kras
Rabac
Duga Luka
Sveta Marina
Prenje
Ravni
Koromačno
Vodnjan
Galižana
Fažana
Valbandon
Peroj
Pula
Premantura
Medulin
Ližnjan
Šišan
Valtura
Kavran
Loborika
Muntić
Pavićini
Veliki Vareški
Mali Vareški
Peruški
Šegotići
Mutvoran
Marčana
Krnica
Rakalj
Sveti Lovreč Labinski
Viškovići
Brovinje
Koromačno